



Technology Agreement

Camp MYDA 2023

(This form will be signed at camp Check-In)

Camper _____ Birthdate _____

Cell Phones

At Camp MYDA we keep campers as safe and healthy as we can while they have fun and learn. Many diabetes devices require that a camper have a cell phone nearby to continuously monitor their glucose or control their insulin pump. The cell phone is permitted as a medical device only; using the cell phone for other purposes is not allowed at camp. The camper's cabin counselors will be responsible for carrying the phone during the day and charging the phone nightly.

1. MYDA will not be responsible if the cell phone or CGM receiver is lost, stolen, or damaged.
2. At intake the phone's password will be changed to a common password and cellular capabilities will be turned off. This prevents a camper from using their phone for any non-medical purpose but gives the camper access to their Dexcom / Tandem / Omnipod 5 apps.
3. The phone will be connected to limited Wi-Fi to allow the Health Center to monitor glucose and further restrict access to the internet.
4. At intake, we will turn off any communication from the cell phone to the parents/guardian, e.g. following glucose.
5. Campers will not be allowed to use the phone to call, text, or access the internet.
6. Failure by campers and/or parents to follow these rules will result in the cell phone being inactivated and placed in the camp director's office for the remainder of camp and can also result in the camper being sent home from camp.
7. Please make sure you pick up your child's cell phone, charger, and cord at the end of camp. If you neglect to do so, we have to charge a nominal fee for shipping it.

CGMs

This policy and procedure is intended to allow the maximum benefit from CGMs with the least burden for the camper, counselor, and medical staff.

CGMs potentially reduce the risk of missing important hypo- or hyperglycemia and, for those models and camper ages that are FDA approved, provide an alternative to finger stick glucose measurements. CGMs require responding to their alarms, which may require a check of blood glucose with a meter. Since CGMs monitor the glucose surrounding the cells (interstitial) instead of blood glucose, the readings are delayed by about 15 minutes compared to blood glucose.

1. Whenever possible, CGM readings will be used to manage a camper's diabetes. There may be times when a finger stick is necessary, particularly if the CGM alarms.
2. Because camp is noisy and tired people sleep soundly, any receiver alarm will be set at its loudest. The repeat alarm interval will be set at 30 minutes for low glucose and 120 minutes for high glucose. (This does not apply to BFF Weekends.)
3. At camp the low glucose alarm will be set at 80 and the high alarm at 200 mg/dl to maximize the value of the alerts and minimize interruptions in activities and sleep.
4. If the camper so chooses or at the discretion of the pediatric endocrinologist at camp, use of the CGM may be discontinued for all or part of the day. The endocrinologist will most likely discontinue the use of the camper's CGM if it has many false alarms.
5. We understand that some parents are able to follow their child's BG readings through certain apps that connect directly to the Dexcom servers, such as Sugarmate. Although we will not be removing apps from a parent's phone, we do strongly encourage parents to temporarily disconnect their follow capability in order to take a well-deserved respite from the stress of constantly having to monitor diabetes. Be assured that we are also following your child, not only will their phone alarm in their cabin we also utilize Camp Views which allows all medical staff to see all camper's CGM values on the same screen. We will receive the same alerts and treat them accordingly and in a timely manner.

Insulin Pumps

Insulin pumps are being widely used at camps, and in order to ensure the health and safety of all campers with diabetes, the Medical Staff has instituted the following expectations regarding the use of insulin pumps at Camp MYDA. Please review the following with your camper:

1. All boluses must be authorized by med staff and documented on the camper's log sheet, including those that occur outside of normal meal and snack times (e.g., at an activity or during juice fairy).
2. All information entered into the pump's bolus calculator must be accurate, including blood sugars and carb amounts.
3. Changes to pump settings must be authorized by senior med staff (including temporary basal rates).
4. All hypoglycemia will be reported to med staff and documented on the camper's log sheet.
5. We reserve the right to download any camper's insulin pump to review/verify insulin delivery and settings during the week of camp.
6. We reserve the right to discontinue a camper's use of their insulin pump and transition them to insulin injections for the remainder of the week if this policy is violated.

I have read and understand the above MYDA policy regarding Cell Phones, CGMs and Pumps.

Parent's signature _____

Date _____

Camper's signature _____

Date _____